

The Friendlies is 100% owned by you, the community

Home of the
110%
price Guarantee

The Friendlies super savers



Spend \$20 in-store to

WIN a

\$2000

spending spree!
See back page for details.

Now that's friendly!

Harpic 450mL Toilet Cleaner

When you spend \$30 or more in store.

1¢



Conditions Apply. Please see a Friendlies staff member in-store for more details. Limit of 1 Coupon item per customer. Excludes prescriptions, specials and catalogue items

Dove Beauty Bar 100g

When you spend \$30 or more in store.

1¢



Conditions Apply. Please see a Friendlies staff member in-store for more details. Limit of 1 Coupon item per customer. Excludes prescriptions, specials and catalogue items

Rexona 150g Deodorant

When you spend \$30 or more in store.

\$1



Conditions Apply. Please see a Friendlies staff member in-store for more details. Limit of 1 Coupon item per customer. Excludes prescriptions, specials and catalogue items

Vitamins For Health

Nature's Own™

- A. Nature's Own Super B Complex 75^v
- B. Nature's Own Focus and Perform 40^v
- C. Nature's Own Vitamin B3 500mg 120^v
- D. Nature's Own Ultra B 150 Forte 60^v
- E. Nature's Own Calcium, Magnesium and D3 120^v
- F. Nature's Own Chromium Picolinate 200^v
- G. Nature's Own Vitamin E 500IU 60^v
- H. Nature's Own Vitamin B6 200mg 60^v
- I. Nature's Own Iron Plus 50^v
- J. Nature's Own Fenugreek 1000mg 60^v

- \$21.95 **SAVE \$8.54**
- \$18.49 **SAVE \$8.50**
- \$17.49 **SAVE \$7.50**
- \$22.34 **SAVE \$11.65**
- \$18.14 **SAVE \$9.85**
- \$17.49 **SAVE \$7.50**
- \$12.14 **SAVE \$6.35**
- \$13.99 **SAVE \$6.50**
- \$9.49 **SAVE \$4.50**
- \$13.49 **SAVE \$5.50**

\$19²⁴
SAVE \$8.75

Nature's Own High Strength Magnesium Orotate 60^v



\$41²⁴
SAVE \$18.75



Nature's Way Activated Curcumin 90^v

\$41⁹⁹
SAVE \$10.50



Nature's Way Restore Caps 90^v

\$13⁴⁹
SAVE \$3.50



Nature's Way Complete Daily Multi 200^v

\$20⁹⁹
SAVE \$6.00



Nature's Way HS Magnesium 150^v

\$14⁴⁹
SAVE \$6.50



Nature's Way Sugarless Vit C 500mg 300^v

\$18⁹⁹
SAVE \$5.01



Nature's Way Mega B Exec Stress 200^v

BIOGLAN®

40% OFF RRP



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<p>\$14.74 SAVE \$7.75</p>  <p>Cenovis Garlic/Horseradish/C 120^v</p>	<p>\$21.14 SAVE \$8.85</p>  <p>Cenovis Once Daily Women's Multi 100^v</p>	<p>\$14.54 SAVE \$7.95</p>  <p>Cenovis Echinacea/Garlic/Zinc + C 60^v</p>	<p>\$30.49 SAVE \$12.01</p>  <p>Ethical Nutrients Inner Health Plus 30^v</p>	<p>\$19.55 SAVE \$6.24</p>  <p>Fatblaster Keto Fit Coffee 85g</p>	<p>\$19.99 SAVE \$6.50</p>  <p>Caltrate Bone + Muscle 50+ 100^v</p>	<p>\$20.99 SAVE \$6.50</p>  <p>Brauer Childrens Sleep 100mL^v</p>
<p>\$13.84 SAVE \$6.15</p>  <p>Caruso's Cascara 60^v</p>	<p>\$23.49 SAVE \$11.50</p>  <p>Caruso's Krill Oil 1000mg 30^v</p>	<p>\$38.99 SAVE \$21.00</p>  <p>Caruso's Turmeric 50^v</p>	<p>\$39.99 SAVE \$20.50</p>  <p>Caruso's Super Curcumin Arthritis Relief 90^v</p>	<p>\$20.99 SAVE \$11.00</p>  <p>Caruso's Ginkgo 6000 60^v</p>	<p>\$17.34 SAVE \$9.65</p>  <p>Caruso's Vitamin K2 60^v</p>	<p>\$18.49 SAVE \$8.50</p>  <p>Caruso's Fluid Away 30^v</p>










BLACKMORES®

THE BEST OF HEALTH

- A.** Blackmores Sustained Release C200^v \$32.54 **SAVE \$17.45**
- B.** Blackmores Cranberry 15000 60^v \$25.49 **SAVE \$11.50**
- C.** Blackmores Super Strength CoQ10 300mg 30^v \$23.99 **SAVE \$12.00**
- D.** Blackmores Bio Zinc 84^v \$18.64 **SAVE \$8.35**
- E.** Blackmores Nails, Hair and Skin 60^v \$16.29 **SAVE \$6.70**
- F.** Blackmores Macuvision 150^v \$43.99 **SAVE \$21.00**
- G.** Blackmores Magmin 50^v \$10.99 **SAVE \$4.50**
- H.** Blackmores Vitamin E 500IU 50^v \$14.59 **SAVE \$7.40**

Friendly Specials



\$7.99
Hot Price

Nurofen Zavance tab/cap
24



\$8.49
SAVE \$3.50

Polyvisc Ointment
3.5g



\$10.59
SAVE \$4.40

Infants' Friend
100mL



\$4.49
SAVE \$2.00

Refresh Liquigel Eye
Drops 15mL



\$12.99
SAVE \$7.50

Canesten Antifungal Cream
50g*



\$9.84
SAVE \$4.65

SM33 gel
10g*



\$13.14
SAVE \$7.85

Cepacol Solution
500mL



\$4.59
SAVE \$1.90

Libra tampons regular/super
16



\$12.88
SAVE \$7.11

Movicol
30



\$9.99
SAVE \$4.00

Vagisil
25g



\$11.29
SAVE \$5.70

Eulactol Heel Balm Gold
60mL



\$26.34
SAVE \$13.65

Metamucil
100



\$10.99
SAVE \$5.00

Azep Hayfever relief
5mL*



\$28.79
SAVE \$14.20

Lucas Papaw ointment
200g



\$9.99
SAVE \$5.00

Buscopan Forte 20mg
10*



\$6.89
SAVE \$3.10

Dencorub Arthritis Cream
100g



\$7.74
SAVE \$5.25

Polygel Eye Gel
30



\$24.99
SAVE \$10.00

Benzac AC Gel 5.0%
60g



\$8.99
SAVE \$4.00

Medipulv
25g



\$10.49
SAVE \$6.00

Benzac AC Gel 5.0%
60g

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\$7.99
SAVE \$1.40



Sambucol Kids Pops 8pk
60g

\$10.29
SAVE \$5.20



Eurax Cream
20g

\$12.44
Hot Price



Naprogesic 275mg
24*

\$9.99
SAVE \$4.00



Otrivin Adult Nasal
Spray 10mL*

\$11.88
SAVE \$6.11



Zyrtec Kids
75mL*

\$9.64
SAVE \$4.35



Hamilton Everyday
Face 50+
75g

\$8.49
SAVE \$2.50



Chemists' Own
Cough, Cold & Flu D&N
24

\$8.49
SAVE \$2.50



Chemists' Own
Decongestant Nasal
Spray 180

\$14.49
SAVE \$4.50



Chemists' Own
Provance Vitamin C GMO
Free 120

\$27.49
SAVE \$2.50



Chemists' Own
Melatonin Sleep Aid
30

\$10.19
SAVE \$3.80



Invite E Cream
100g

\$21.99
SAVE \$11.00



Dulcolax 5mg
200

\$16.99
SAVE \$7.00



Sudocrem
250g

\$23.54
SAVE \$8.45



Bisolvon Chesty 8mg
100*

\$28.49
SAVE \$15.50



Breathe Right Nasal
Strips 30

\$13.49
SAVE \$6.00



Durotuss Dry Cough
200mL*

\$16.49
Hot Price



Advil liquid Caps
90*

\$6.49
SAVE \$3.50



Pregnosis 2 test
pregnancy kit

\$9.84
SAVE \$4.65



Degas
48

\$10.34
SAVE \$5.15



Buscopan 10mg
20*

Friendly Specials



\$22³⁴
SAVE \$9.65

Mintec
60

\$8⁰⁹
SAVE \$3.90



Stop Itch Plus Cream
50g

\$12⁹⁹
SAVE \$6.50



Gaviscon Infant sachets
30

\$20⁶⁹
SAVE \$14.30



Nizoral 2% shampoo
100mL*

\$20⁶⁹
SAVE \$6.30



Voltaren Emulgel
100g



\$8⁹⁹
SAVE \$4.50

Dencorub
100g

\$114⁹⁹
SAVE \$45.00



Omron Blood pressure
machine 7144

\$31⁹⁹
SAVE \$13.50



Voltaren Osteogel 12hr
150g

\$10⁹⁹
SAVE \$7.00



Sudafed PE Day/Night
24*

\$13⁴⁹
SAVE \$8.00



Optive Advanced
15mL



\$7³⁴
Hot Price

Astrix Caps 100mg
84*

\$23⁹⁹
SAVE \$6.00



KP24 Nit Bomb
50mL

\$22⁵⁴
SAVE \$9.45



Daktagold
30g*

\$8⁹⁹
SAVE \$4.00



Albalon Eye Drop
15mL*

\$23⁴⁹
SAVE \$14.00



Ego Moov Headlice
Shampoo 500mL



\$12³⁴
SAVE \$5.65

Ego QV Bath Oil
500mL

\$18⁹⁹
SAVE \$7.50



Ego Pinetarsol Gel
450g*

\$9⁷⁴
SAVE \$4.25



Sukin Charcoal Pore Scrub
125mL

\$9¹⁴
SAVE \$4.85



Sukin Sensitive Facial
Moisturiser 125mL

\$13⁴⁹
SAVE \$7.50



Sukin Body Lotion Lime and
Coconut 500mL

If you find any of these products advertised for less, we'll give you 110% of the difference!

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We offer
CERTEGEY
as a payment option*
for CPAP and
Rehabilitation aids.
Pay 25% deposit and collect stock
immediately. Pay off balance
over 10 equal payments.
*Conditions apply.

Independent Living

Having your knee or hip replacement done? Why not pop into Friendlies and pick up your mobility equipment.



Murray Bridge High Back Chair 18002HADP
\$500.00



Murray Bridge Low Back Chair 18002LADR
\$430.00



Aspire Bedside Commode BEC045005
\$200.00



Aspire Renoir Recliner CHP227575
\$1980.00

\$1999



SleepStyle™
5
YEAR

2+3
YEAR EXTENDED
WARRANTY

EXCLUSIVE OFFER
AVAILABLE IN-STORE ONLY

HUGE CPAP SPECIAL! Fisher & Paykel Sleepstyle Auto

- + F&P mask **FREE**
- + Extended warranty **FREE**
- + 2x pack SS filters **FREE**

*Based on Recommended Retail Prices

*Offer valid while stocks lasts at participating Friendlies locations

*NOTE: CPAP special is not available for Certegey customers

NOW AVAILABLE AT: MARYBOROUGH, 2/60 ELLENA ST, PH: 4123 2733 / HERVEY BAY, 35 TORQUAY RD, PIALBA, PH: 4128 3899 / CHILDERS, 60 CHURCHILL ST, PH: 4126 1235
GYMPIE, 59 MARY ST, PH: 5482 1032, & 70-72 CHANNON ST, PH: 5482 9390 / NAMBOUR, CNR ANN ST & PORTERS LANE, PH: 5441 1322 / GRAFTON, 18 PRINCE ST, PH: 6642 3444

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\$2.99
SAVE \$2.00

Morning Fresh dishwashing liquid 400mL



\$3.99
SAVE \$2.00

Palmolive Shampoo and Conditioner 350mL



\$1.79
SAVE \$1.70

Palmolive Soap 4x90g



\$2.99
SAVE \$2.00

Ajax Spray n Wipe 500mL



\$4.49
SAVE \$2.50

Duo Front and Top Loader 2kg



\$2.49
SAVE \$1.20

Airwick 185g



\$4.99
SAVE \$2.00

Napisan Vanish 950g



\$2.29
SAVE \$1.20

Colgate Toothpaste Cool Mint and Regular 175g



\$0.99
SAVE \$1.50

Colgate Toothbrush Extra Clean



\$2.99
SAVE \$1.00

Pine-O-Clean Disinfectant 500mL

WIN a \$200 spending spree!

Spend \$20 in-store to go in the running to win a \$200 spending spree! Full details in-store. Last month's winner: **Kerry Jackson, Childers**



The Friendlies Discount Pharmacy

QUEENSLAND

Maryborough	217 Adelaide Street, Maryborough Qld	07 4122 1455
Maryborough	277-281 Adelaide Street, Maryborough Qld	07 4123 2266
Hervey Bay	Bay Plaza, 35 Torquay Road, Hervey Bay Qld	07 4128 3899
Tinana	201 Gympie Road, Tinana Qld	07 4122 4647
Nambour	Cnr Ann Street and Porters Lane, Nambour Qld	07 5441 1322
Gympie	70-72 Channon Street, Gympie Qld	07 5482 1032
Childers	60 Churchill Street, Childers Qld	07 4126 1235
Granville	17 Odessa Street, Granville Qld	07 4114 1910

NEW SOUTH WALES

Grafton	18 Prince St Grafton, NSW 2460	02 6642 3444
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The Friendlies Independent Living

Maryborough	60 Ellena Street, Maryborough Qld	07 4123 2733
Hervey Bay	Bay Plaza, 35 Torquay Road, Hervey Bay Qld	07 4128 3899
Gympie	70-72 Channon Street, Gympie Qld	07 5482 9390

DISCLAIMER: All Prices are valid between the 1st and 30th of April. Prices and products are correct at time of printing and we endeavour to ensure that all advertised products are available during the promotional period and in some circumstances not all stores will be able to hold stock of certain product lines. On occasion, products may also be delayed due to suppliers, transport or other issues outside The Friendlies control. The Friendlies cannot be held responsible for typographical errors or omissions. Limit rights reserved. *If symptoms persist see your health care professional. Always read the label, use only as directed. Incorrect use could be harmful. **There is a maximum purchase quantity of three boxes. If you find any of these products advertised for less, we will give you 110% of the difference! That's our famous 110% PRICE GUARANTEE! All savings off normal R.R.P. ^v Vitamin supplements may only be of assistance if dietary vitamin intake is inadequate.

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