Home of the 110% price Guarantee

# SCORE The Friendlies SCORE THE STATE OF THE



Spend \$20 in-store to

\$200

spending spree!
See back page for details.

Marthalestrienally

### Harpic 450mL Toilet Cleaner

When you spend \$30 or more in store.



# Dove Beauty Bar

When you spend \$30 or more in store.



Conditions Apply. Please see a Friendlies staff member instore for more details. Limit of 1 Coupon item per custom Excludes prescriptions, specials and catalogue items

### Rexona 150g Deodorant

When you spend \$30 or more in store.



Conditions Apply. Please see a Friendlies staff member instore for more details. Limit of 1 Coupon item per custome Excludes prescriptions, specials and catalogue items

# **Vitamins For Health**









Nature's Way Hair Growth

Supports your han health, growth and flickness.



Nature's Way Activated Curcumin



Nature's Way Activated Curcumin



Nature's Way Complete Daily Multi



Nature's Way Mega B Exec Stress 200√



Bioglan CoQ10 300mg 60√



Bioglan Gluco + Chond + Turm 120<sup>v</sup>



Bioglan Magnesium



Magnesium PM



Bioglan Red Krill Oil 1000mg 60v



Bioglan Red Krill Oil 2000mg







Garlic/ Horseradish/ C 120





Once Daily Men's Multi 100<sup>v</sup>





Cenovis Echinacea/ Garlic/ Zinc + C 60<sup>v</sup>





**Ethical Nutrients** Inner Health Plus 30<sup>v</sup>





**Ethical Nutrients** Bone Builder Powder 150g<sup>v</sup>

**SAVE \$7.50** 



**Ethical Nutrients** IBS support 30





Naturopathica CurcuMax Turmeric 3100mg 80<sup>1</sup>





Brauer 60√





Brauer Childrens Sleep 100mL√





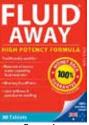
Centrum Advance Tabs 100√





Caruso's Cascara 60√





Caruso's Fluid Away





Caruso's Super Curcumin Arthritis Relief 90√





Caruso's Anxiety Aid

# BLACKMORES













## THE BEST OF HEALTH

A. Blackmores Sustained Release C 200<sup>√</sup> \$42.49 **SAVE \$7.50** 

**B.** Blackmores Tranquil Night 60<sup>√</sup> \$21.49 **SAVE \$3.50** 

**C.** Blackmores Cranberry 15000 60<sup>v</sup> \$32.49 **SAVE** \$4.50

D. Blackmores Super Strength CoQ10 300mg 30√ \$28.99 **SAVE \$7.00** E. Blackmores Bio Zinc 84√

\$23.49 **SAVE \$3.50** F. Blackmores Selemite B 100mcg 100√

\$17.99 SAVE \$3.50

G. Blackmores Macuvision 150<sup>v</sup> \$56.99 **SAVE \$7.41** H. Blackmores Insolar 60

\$17.49 **SAVE \$3.50** I. Blackmores Magmin 50√ \$10.99 SAVE \$4.50

J. Blackmores Vitamin E 500IU 50 \$14.59 **SAVE \$7.40** 

3849 **SAVE \$7.00** 

Blackmores Prostate Health Formula





# Friendly Specials



Systane Balance



Nurofen Zavance tab/cap



Polyvisc Ointment



Infants' Friend 100mL



Refresh Liquigel Eye Drops



Canesten Antifungal Cream 50g\*



**Dulcolax Suppositories** 10mg 10



Dulcolax 5mg



Cepacol Solution



Libra tampons regular/super





Vagisil 25g



Medi Creme



Eulactol Heel Balm Gold 60mL



Metamucil



Azep Hayfever relief 5mL\*



Metsal Cream 125g



Buscopan Forte 20mg 10\*



Buscopan 10mg 20\*











Benzac AC Gel 5.0% 60g



Bepanthen First Aid Cream 100g



Eurax Cream 20g



Naprogesic 275mg





Chemists' Own Provance Immune Defence 60\*





Chemists' Own Macrogol 30\*



Chemists' Own Blood Pressure Monitor



Chemists' Own Heartburn Relief



Chemists' Own Laxative with Senna



Otrivin Adult Nasal Spray 10mL\*



Zyrtec Kids 75mL



Hamilton Everyday Face 50+ 75g



Sudocrem 250g



Bisolvon Chesty 8mg 100\*



Fess Sensitive Noses nasal spray 30mL



Durotuss Dry Cough 200mL\*



Advil liquid Caps



Pregnosis test pregnancy kit 2



Degas 48

# Friendly Specials



Promensil Peri



Cream 50g



Gaviscon Infant sachets



Nizoral 2% shampoo 100mL\*



Voltaren Osteogel 12hr 150g



Voltaren Emulgel 100g



Gripe Water 200mL



Omron Blood pressure machine 7144



Gold Cross Senega and Ammonia 500mL



Optive Advanced 15mL



Astrix Caps 100mg 84\*



Breathe Right Nasal Strips 30





Albalon Eye Drop 15mL\*



Ego Moov Headlice Shampoo 500mL



Ego QV Bath Oil 500mL



Ego Pinetarsol Gel 4503



Sukin Volumising Shampoo and Conditioner 500mL



Sukin Sensitive Facial Moisturiser 125mL

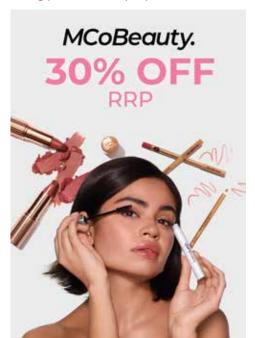


Sukin Body Lotion Lime and Coconut 500mL



# Independent Livin

Having your knee or hip replacement done? Why not pop into Friendlies and pick up your mobility equipment.











Aspire Renoir Recliner CHP227575 \$1980.00





As a member of The Friendlies get real value from your corporate health insurance, knowing your Australian Unity health cover has been designed with benefits useful for all you do.

Visit australianunity.com.au/friendlies or call 1800 224 244

New members on new memberships only. Join hospital & extras or extras only cover by 30 June. T&Cs apply.







Morning Fresh dishwashing liquid 400mL



Palmolive Shampoo and Conditioner 350mL



Palmolive Soap 4x90g



Ajax Spray n Wipe



**Duo Front and Top** Loader 2kg



Airwick 185g



Napisan Vanish 950g



Colgate Toothpaste Cool Mint and Regular 175g



Colgate Toothbrush Extra Clean



Rexona 150g

# spending spree! WINa

# The Friendlies Discount Pharmacy

07 4122 1455 Maryborough 217 Adelaide Street, Maryborough Qld Maryborough 277-281 Adelaide Street, Maryborough Old 07 4123 2266 Bay Plaza, 35 Torquay Road, Hervey Bay Qld **Hervey Bay** 07 4128 3899 201 Gympie Road, Tinana Old 07 4122 4647 Tinana Nambour Cnr Ann Street and Porters Lane, Nambour Old 07 5441 1322 70-72 Channon Street, Gympie Qld 07 5482 1032 **Gympie** Childers 60 Churchill Street, Childers Old 07 4126 1235 Granville 17 Odessa Street, Granville Old 07 4114 1910

Grafton 18 Prince St Grafton, NSW 2460 02 6642 3444

### The Friendlies Independent Living

60 Ellena Street, Maryborough Old 07 4123 2733 Maryborough 07 4128 3899 **Hervey Bay** 70-72 Channon Street, Gympie Old 07 5482 9390 Gympie

DISCLAIMER: All Prices are valid between the 1st and 31st of March. Prices and products are correct DISCLAIMER: All Prices are valid between the 1st and 31st of March. Prices and products are correct at time of printing and we endeavour to ensure that all advertised products are available during the promotional period and in some circumstances not all stores will be able to hold stock of certain product lines. On occasion, products may also be delayed due to suppliers, transport or other issues outside The Friendlies control. The Friendlies cannot be held responsible for typographical errors or omissions. Limit rights reserved. \*If symptoms persist see your health care professional. Always read the label, use only as directed. Incorrect use could be harmful. \*\*There is a maximum purchase quantity of three boxes. If you find any of these products advertised for less, we will give you 110% of the difference! That's our famous 110% PRICE GUARANTEE! All savings off normal R.R.P. V Vitamin supplements may only be of assistance if dietary vitamin intake is inadequate. Spend \$20 in-store to go in the running to win a \$200 spending spree! Full details in-store.

Last month's winner: Frances Guthrie, Nambour



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