

The Friendlies is 100% owned by you, the community

Home of the
110%
price Guarantee

The Friendlies super savers



Spend \$20 in-store to

WIN a

\$2000

spending spree!
See back page for details.

Now that's friendly!

Harpic 450mL Toilet Cleaner

When you spend \$30 or more in store.

1¢



Conditions Apply. Please see a Friendlies staff member in-store for more details. Limit of 1 Coupon item per customer. Excludes prescriptions, specials and catalogue items

Dove Beauty Bar 100g

When you spend \$30 or more in store.

1¢



Conditions Apply. Please see a Friendlies staff member in-store for more details. Limit of 1 Coupon item per customer. Excludes prescriptions, specials and catalogue items

Rexona 150g Deodorant

When you spend \$30 or more in store.

\$1



Conditions Apply. Please see a Friendlies staff member in-store for more details. Limit of 1 Coupon item per customer. Excludes prescriptions, specials and catalogue items

Vitamins For Health

Nature's Own™

- A. Nature's Own Calcium, Magnesium and D3 120^v
- B. Nature's Own Vitamin B3 500mg 120^v
- C. Nature's Own Super B Complex 75^v
- D. Nature's Own Valerian Forte 2000mg 60^v
- E. Nature's Own Iron Plus 50^v
- F. Nature's Own Kelp 1000mg 200^v
- G. Nature's Own Fenugreek 1000mg 60^v
- H. Nature's Own Liver Tonic 50^v
- I. Nature's Own Vitamin B1 250mg 75^v
- J. Nature's Own Focus and Perform 40^v

- \$19.99 **SAVE \$8.00**
- \$15.99 **SAVE \$9.00**
- \$16.99 **SAVE \$10.00**
- \$23.54 **SAVE \$12.95**
- \$9.89 **SAVE \$4.10**
- \$24.44 **SAVE \$12.55**
- \$11.49 **SAVE \$7.50**
- \$12.99 **SAVE \$5.50**
- \$13.99 **SAVE \$6.50**
- \$17.29 **SAVE \$9.70**

\$15⁸⁹
SAVE \$8.10

Nature's Own High Strength Garlic 100^v



\$8⁹⁹
SAVE \$2.00

Nature's Way Complete Daily Multi 100^v

\$19⁹⁹
SAVE \$4.50

Nature's Way HS Magnesium 150^v

\$8⁹⁹
SAVE \$2.00

Nature's Way HS Magnesium 60^v

\$8⁹⁹
SAVE \$2.00

Nature's Way Mega B 75^v

\$19⁹⁹
SAVE \$5.50

Nature's Way Mega B Exec Stress 200^v

\$19²⁹
SAVE \$7.70

Nature's Way Mag Chelate 1000mg 100^v

BIOGLAN® 40% OFF RRP



If you find any of these products advertised for less, we'll give you 110% of the difference!

Home of the **110%** price Guarantee

<p>\$14.44 SAVE \$5.05</p>  <p>CENOVIS CRANBERRY 30,000 30^v</p>	<p>\$7.99 SAVE \$4.00</p>  <p>CENOVIS SUGARLESS C 500MG 100^v</p>	<p>\$10.34 SAVE \$4.65</p>  <p>CENOVIS ECHINACEA, GARLIC, ZINC + C 80^v</p>	<p>\$25.24 SAVE \$9.75</p>  <p>ETHICAL NUTRIENTS SUPER MULTI PLUS 60^v</p>	<p>\$26.99 SAVE \$9.50</p>  <p>ETHICAL NUTRIENTS IBS SUPPORT 30^v</p>	<p>\$13.39 SAVE \$6.60</p>  <p>Caltrate BONE HEALTH 100^v</p>	<p>\$29.54 SAVE \$7.45</p>  <p>BRAUER SLEEP TABLETS 60^v</p>
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<p>\$14.99 SAVE \$4.50</p>  <p>Brauer Childrens Sleep 100mL^v</p>	<p>\$65.99 SAVE \$27.50</p>  <p>Promensil Double Strength 60^v</p>	<p>\$21.99 SAVE \$13.00</p>  <p>Centrum Advance Tabs 100^v</p>	<p>\$20.99 SAVE \$11.00</p>  <p>Caruso's Ginkgo 6000 60^v</p>	<p>\$25.99 SAVE \$11.50</p>  <p>Caruso's Anxiety Aid 30^v</p>	<p>\$14.99 SAVE \$6.00</p>  <p>Caruso's Ultra Max Vitamin D3 1000IU 250^v</p>	<p>\$20.99 SAVE \$6.00</p>  <p>Caruso's Fluid Away 30^v</p>
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BLACKMORES®
THE BEST OF HEALTH

- A. Blackmores Insolar 60^v \$15.94 **SAVE \$5.05**
- B. Blackmores Vitamin E 1000IU 30^v \$23.24 **SAVE \$6.25**
- C. Blackmores Magmin 50^v \$10.99 **SAVE \$4.50**
- D. Blackmores Vitamin D3 1000IU 200^v \$19.99 **SAVE \$10.00**
- E. Blackmores Sustained Release C 200^v \$32.54 **SAVE \$17.45**
- F. Blackmores Travel Calm Ginger 45^v \$11.69 **SAVE \$4.30**
- G. Blackmores Cranberry 15000 60^v \$22.99 **SAVE \$14.00**
- H. Blackmores Bio C 1000mg 31^v \$7.99 **SAVE \$4.50**
- I. Blackmores B12 Rapi-melt 1000mcg 60^v \$16.29 **SAVE \$6.70**
- J. Blackmores Active Magnesium Powder 200g^v \$25.34 **SAVE \$20.15**

\$14.59
SAVE \$7.40

Blackmores Vitamin E 500IU 50^v

Friendly Specials



\$1.99
Hot Price

Panaxam 500mg
100* **



\$12.14
SAVE \$8.35

Sambucol Kids
120mL^v



\$18.99
SAVE \$10.00

Metamucil Orange
48 dose 528g



\$20.99
SAVE \$8.00

Nasonex Allergy
140*



\$11.59
SAVE \$4.90

Bepanthen Cream
100g



\$8.99
SAVE \$3.10

Medipulv
25g



\$20.99
SAVE \$12.00

Magnoplasm
100g



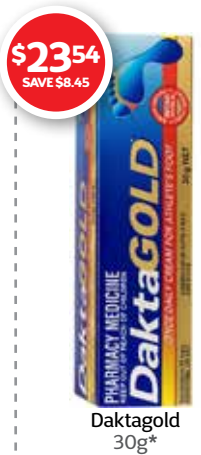
\$11.64
SAVE \$4.35

Brauer Paw Paw
Ointment 75g



\$15.24
SAVE \$5.25

Bisolvon Chesty Forte
200mL*



\$23.54
SAVE \$8.45

DaktaGold
30g*



\$14.84
SAVE \$4.15

Hamilton Sensitive
Lotion 50+ 265mL



\$10.24
SAVE \$3.75

Hamilton Everyday
Face 50+ 75g



\$17.68
SAVE \$7.31

Stingose Spray
100mL



\$10.19
SAVE \$4.30

Gold Cross Senega and
Ammonia 500mL



\$4.99
SAVE \$3.00

Otrivin Adult Nasal Spray
10mL*



\$8.99
SAVE \$4.00

Gastrolyte Blackcurrant
Effervescent 20



\$7.49
SAVE \$4.50

Gastro-stop Plus
12*



\$4.34
SAVE \$1.65

Disprin Direct
24



\$16.49
SAVE \$7.00

Optive Advanced
15mL



\$9.44
SAVE \$3.55

Dimetapp 12 hour
Nasal Spray 20mL*

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\$20⁸⁸
SAVE \$11.11



Flixonase 24Hour
120 Doses*

\$10⁶⁴
SAVE \$5.35



Ural with cranberry
28

\$19⁹⁹
SAVE \$7.00



Sudocrem
250g

\$7⁷⁴
SAVE 4.75



Medi Crème
50g

\$20³⁴
SAVE \$7.65



Proctosedyl Ointment
30g*

\$13¹⁴
SAVE \$7.85



Cepacol
Solution
500mL

\$6³⁹
Hot Price



Chemists' Own
Paracetamol 5-12 years
200mL*

\$5⁶⁹
SAVE \$4.30



Chemists' Own
Diarrhoea relief
20*

\$11⁹⁹
SAVE \$7.00



Chemists' Own
Macrogol
30

\$19⁹⁹
SAVE \$8.00



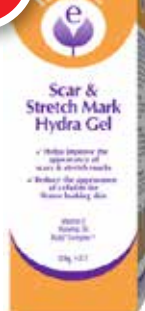
Chemists' Own
Loratadine 10mg
50*

\$18⁷⁹
SAVE \$8.20



PhisoHex 1%
500mL

\$22⁴⁹
SAVE \$5.00



Invite E Scar+Stretch
Mark Gel 50g

\$10⁹⁹
SAVE \$3.00



Invite E Cream
100g

\$16⁹⁹
SAVE \$5.00



Invite E Cream Pump
200g

\$17⁹⁹
SAVE \$4.50



Invite E Cream Jar
250g

\$8⁶⁴
SAVE \$3.35



Invite E Cream Tube
50g

\$10⁹⁹
SAVE \$3.50



Invite E Oil Tube
15mL

\$17⁹⁹
SAVE \$3.00



Invite E Oil Tube
30mL

\$22⁴⁹
SAVE \$5.00



Invite E Oil Spray
100mL

\$10⁹⁹
SAVE \$4.00



Nurofen
48*

Friendly Specials



\$24.99
SAVE \$6.50

KP24 Sensitive + Comb
100mL



\$24.69
SAVE \$14.30

Bio Oil
200mL



\$12.89
SAVE \$3.10

Bonjela Teething gel
15g



\$18.89
SAVE \$6.10

Medi Freeze
Tick Off 38mL



\$19.34
SAVE \$8.65

Nizoral 2% shampoo
100mL*



\$11.49
SAVE \$3.50

Buscopan Forte 20mg
10*



\$9.99
SAVE \$6.00

Metsal Cream
125g



\$4.49
SAVE \$1.50

Refresh Liquigel
Eye Drops 15mL



\$11.74
SAVE \$3.75

Eurax Cream
20g



\$43.99
SAVE \$16.50

Nicabate CQ clear 21mg
2 weeks



\$19.34
SAVE \$8.65

Hirudoid Cream
40g



\$26.99
SAVE \$8.00

Benzac AC Gel 5.0%
60g



\$4.59
SAVE \$1.90

Libra tampons regular/
super 16



\$6.74
SAVE \$4.25

Amolin Baby Cream
100g



\$17.99
SAVE \$6.50

Ego Pinetarsol
500mL



\$9.44
SAVE \$3.55

Ego QV Nourishing Shampoo
and Conditioner 250



\$5.19
SAVE \$1.30

Ego Dermaid Soft 0.5%
30g*



\$14.49
SAVE \$6.50

Sukin Body Lotion Lime
and Coconut 500mL



\$9.99
SAVE \$5.00

Sukin Oil Balancing Shampoo
and Conditioner 500mL



\$9.44
SAVE \$3.55

Sukin Body Scrub
200mL

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Independent Living

Having your knee or hip replacement done? Why not pop into Friendlies and pick up your mobility equipment.



Murray Bridge High Back Chair 18002HADP
\$500.00



Murray Bridge Low Back Chair 18002LADR
\$430.00



Aspire Bedside Commode BEC045005
\$200.00



Aspire Renoir Recliner CHP227575
\$1980.00

We offer **CERTEGY** as a payment option* for CPAP and Rehabilitation aids.
Pay 25% deposit and collect stock immediately. Pay off balance over 10 equal payments.
*Conditions apply.

\$1999



SleepStyle™
5
YEAR

2+3 YEAR EXTENDED WARRANTY

EXCLUSIVE OFFER AVAILABLE IN-STORE ONLY

HUGE CPAP SPECIAL! Fisher & Paykel Sleepstyle Auto

- + F&P mask **FREE**
- + Extended warranty **FREE**
- + 2x pack SS filters **FREE**

*Based on Recommended Retail Prices
*Offer valid while stocks lasts at participating Friendlies locations
*NOTE: CPAP special is not available for Certegy customers

NOW AVAILABLE AT: MARYBOROUGH, 2/60 ELLENA ST, PH: 4123 2733 / HERVEY BAY, 35 TORQUAY RD, PIALBA, PH: 4128 3899 / CHILDERS, 60 CHURCHILL ST, PH: 4126 1235 / GYMPIE, 59 MARY ST, PH: 5482 1032, & 70-72 CHANNON ST, PH: 5482 9390 / NAMBOUR, CNR ANN ST & PORTERS LANE, PH: 5441 1322 / GRAFTON, 18 PRINCE ST, PH: 6642 3444

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Home of the **110%** price Guarantee

\$2.99
SAVE \$2.00



Morning Fresh dishwashing liquid 400mL

\$2.99
SAVE \$3.00



Harpic Powerplus 450mL

\$1.99
SAVE \$3.00



Dove beauty bar 100g

\$1.99
SAVE \$2.00



Palmolive Handwash 250mL

\$4.99
SAVE \$2.00



Napisan Vanish 950g

\$2.29
SAVE \$1.20



Colgate Toothpaste Cool Mint and Regular 175g

\$2.99
SAVE \$2.00



Palmolive Dishwashing liquid 750mL

\$2.49
SAVE \$2.50



True Value Mens and Ladies disposable razors 8

\$3.49
SAVE \$1.50



Colgate total advanced whitening 190g

\$2.99
SAVE \$2.00



White King Bleach 1.25L

\$3.74
SAVE \$1.25



Palmolive body wash 500mL

\$18.99
SAVE \$7.00



Finish Powerball 110

WIN a \$200 spending spree!

Spend \$20 in-store to go in the running to win a \$200 spending spree! Full details in-store. Last month's winner: **Tinana - Esther White, Aldershot**



The Friendlies Discount Pharmacy

QUEENSLAND

- Maryborough** 217 Adelaide Street, Maryborough Qld 07 4122 1455
- Maryborough** 277-281 Adelaide Street, Maryborough Qld 07 4123 2266
- Hervey Bay** Bay Plaza, 35 Torquay Road, Hervey Bay Qld 07 4128 3899
- Tinana** 201 Gympie Road, Tinana Qld 07 4122 4647
- Nambour** Cnr Ann Street and Porters Lane, Nambour Qld 07 5441 1322
- Gympie** 70-72 Channon Street, Gympie Qld 07 5482 1032
- Childers** 60 Churchill Street, Childers Qld 07 4126 1235
- Granville** 17 Odessa Street, Granville Qld 07 4114 1910

NEW SOUTH WALES

- Grafton** 18 Prince St Grafton, NSW 2460 02 6642 3444

The Friendlies Independent Living

- Maryborough** 60 Ellena Street, Maryborough Qld 07 4123 2733
- Hervey Bay** Bay Plaza, 35 Torquay Road, Hervey Bay Qld 07 4128 3899
- Gympie** 70-72 Channon Street, Gympie Qld 07 5482 9390

DISCLAIMER: All Prices are valid between the 1st and 31st of January. Prices and products are correct at time of printing and we endeavour to ensure that all advertised products are available during the promotional period and in some circumstances not all stores will be able to hold stock of certain product lines. On occasion, products may also be delayed due to suppliers, transport or other issues outside The Friendlies control. The Friendlies cannot be held responsible for typographical errors or omissions. Limit rights reserved. *If symptoms persist see your health care professional. Always read the label, use only as directed. Incorrect use could be harmful. **There is a maximum purchase quantity of three boxes. If you find any of these products advertised for less, we will give you 110% of the difference! That's our famous 110% PRICE GUARANTEE! All savings off normal R.R.P. ^v Vitamin supplements may only be of assistance if dietary vitamin intake is inadequate.

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