

The Friendlies is 100% owned by you, the community

Home of the
110%
price Guarantee

The Friendlies super savers



Spend \$20 in-store to

WIN a

\$2000

spending spree!
See back page for details.

Now that's friendly!

Harpic 450mL Toilet Cleaner

When you spend \$30 or more in store.



Conditions Apply. Please see a Friendlies staff member in-store for more details. Limit of 1 Coupon item per customer. Excludes prescriptions, specials and catalogue items

Dove Beauty Bar 100g

When you spend \$30 or more in store.



Conditions Apply. Please see a Friendlies staff member in-store for more details. Limit of 1 Coupon item per customer. Excludes prescriptions, specials and catalogue items

Rexona 150g Deodorant

When you spend \$30 or more in store.



Conditions Apply. Please see a Friendlies staff member in-store for more details. Limit of 1 Coupon item per customer. Excludes prescriptions, specials and catalogue items

Vitamins For Health

Nature's Own™

- A. Nature's Own Odourless Fish Oil 1000mg 200^v
- B. Nature's Own Kelp 1000mg 200^v
- C. Nature's Own Valerian Forte 2000mg 60^v
- D. Nature's Own Calcium, Magnesium and D3 120^v
- E. Nature's Own Vitamin E 500IU 60^v
- F. Nature's Own Executive Stress B 130^v
- G. Nature's Own Biotin Strong Nails 100^v
- H. Nature's Own High Strength Garlic 100^v
- I. Nature's Own Ultra B 150 Forte 60^v
- J. Nature's Own Vitamin B1 250mg 75^v

- \$17.49 **SAVE \$8.50**
- \$21.44 **SAVE \$11.55**
- \$23.54 **SAVE \$12.95**
- \$17.18 **SAVE \$7.81**
- \$10.64 **SAVE \$5.35**
- \$23.99 **SAVE \$13.00**
- \$11.34 **SAVE \$5.65**
- \$15.89 **SAVE \$8.10**
- \$19.24 **SAVE \$11.75**
- \$12.34 **SAVE \$5.65**

\$789
SAVE \$4.60

Nature's Own Iron Plus 50^v



Nature's Way **30% off sale**



\$50⁸⁴
SAVE \$7.15



Bioglan Platinum Probiotics 60+ years 60^v

\$45³⁵
SAVE \$5.14



Bioglan CoQ10 300mg 60^v

\$31³⁴
SAVE \$5.65



Bioglan Glucosamine 1500mg 200^v

\$40⁹⁹
SAVE \$5.50



Bioglan Magnesium Ashwagandha Relax Calm & Sleep 60^v

\$82³⁴
SAVE \$9.65



Bioglan Red Krill Oil 1000mg 60^v

\$23⁵⁰
SAVE \$4.49



Bioglan Turmeric 1000mg 100^v

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If you find any of these products advertised for less, we'll give you 110% of the difference!

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<p>\$13.74 SAVE \$7.25</p>  <p>Cenovis Garlic, Horseradish + C Complex 120^v</p>	<p>\$18.99 SAVE \$7.00</p>  <p>Cenovis Once Daily Men's and Women's Multi 100^v</p>	<p>\$12.88 SAVE \$6.11</p>  <p>Cenovis Echinacea, Garlic, Zinc + C 60^v</p>	<p>\$21.49 SAVE \$8.50</p>  <p>Ethical Nutrients Inner Health Plus 30^v</p>	<p>\$21.99 SAVE \$9.50</p>  <p>Ethical Nutrients Bone Builder Powder 150g^v</p>	<p>\$22.99 SAVE \$9.50</p>  <p>Ethical Nutrients IBS support 30^v</p>	<p>\$9.99 SAVE \$6.00</p>  <p>Caltrate 600mg 120^v</p>
<p>\$17.59 SAVE \$9.90</p>  <p>Brauer Arnica 60^v</p>	<p>\$23.68 SAVE \$9.31</p>  <p>Remifemin 100^v</p>	<p>\$12.64 SAVE \$6.85</p>  <p>Sambucol Kids 120mL^v</p>	<p>\$13.99 SAVE \$7.00</p>  <p>Caruso's Ultra Max Vitamin D3 1000IU 250^v</p>	<p>\$26.99 SAVE \$13.00</p>  <p>Caruso's Bergamot 50^v</p>	<p>\$36.99 SAVE \$23.00</p>  <p>Caruso's Turmeric 50^v</p>	<p>\$38.99 SAVE \$27.50</p>  <p>Caruso's Super Curcumin Arthritis Relief 90^v</p>













BLACKMORES®

THE BEST OF HEALTH

- A. Blackmores Mega B Complex 75^v
\$20.99 **SAVE \$9.00**
- B. Blackmores Magmin 50^v
\$10.99 **SAVE \$4.50**
- C. Blackmores Sustained Release C 200^v
\$31.48 **SAVE \$18.51**
- D. Blackmores Valerian Forte 30^v
\$14.29 **SAVE \$6.70**
- E. Blackmores Macuvision 150^v
\$43.99 **SAVE \$21.00**
- F. Blackmores Bio C 1000mg 31^v
\$8.24 **SAVE \$4.25**
- G. Blackmores Bio Zinc 84^v
\$16.84 **SAVE \$8.15**
- H. Blackmores Vitamin E 1000IU 30^v
\$14.24 **SAVE \$6.25**
- I. Blackmores Glucosamine Sulfate 1500mg 90^v
\$25.99 **SAVE \$14.00**
- J. Blackmores Active Magnesium Powder 200g^v
\$25.34 **SAVE \$20.15**

\$25.99

SAVE \$14.00

Blackmores Lutein-Defence 60^v

Friendly Specials



\$1⁹⁹
Hot Price

Panaxam 500mg
100**



\$10⁹⁹
Hot Price

Nurofen Zavance tab/cap
24



\$21⁹⁹
SAVE \$7.00

Telfast 120mg
30*



\$13⁴⁹
SAVE \$5.50

Telfast 120mg
30*



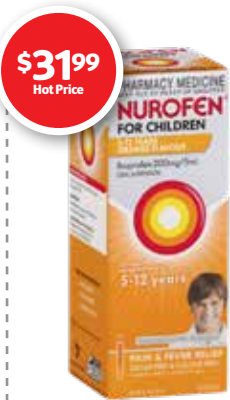
\$8⁴⁹
SAVE \$3.50

Polyvisc Ointment
3.5g



\$10⁵⁹
SAVE \$4.40

Infants' Friend
100mL



\$31⁹⁹
Hot Price

Nurofen 5-12 years
200mL*



\$6⁹⁹
Hot Price

Advil Rapid Release
24*



\$9⁹⁴
SAVE \$4.05

Aqua Ear
35mL



\$9⁹⁴
SAVE \$4.05

Stingose Spray
100mL



\$4⁴⁹
SAVE \$2.00

Refresh Liquigel
Eye Drops 15mL



\$12⁹⁹
SAVE \$5.00

Canesten Antifungal Cream
50g*



\$12⁵⁹
SAVE \$5.90

Benadryl Dry Tickle Forte
200mL*



\$12¹⁹
SAVE \$6.30

Daktarin Tincture 2%
30mL*



\$4⁹⁹
SAVE \$3.00

Dulcolax Suppositories
10mg 10



\$10⁶⁴
SAVE \$5.35

Auralgan ear drops
15mL*



\$38⁹⁹
SAVE \$14.00

Nicorette Quick Mist
Spray 150



\$5⁹⁹
Hot Price

Panadol Optizorb
20



\$7⁹⁹
SAVE \$3.00

Mylanta 2go chewable
48



\$8⁹⁹
SAVE \$3.00

Chemists' Own BiOral
Mouthwash 50mL

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\$4.59
SAVE \$1.90

Libra tampons regular/super 16



\$12.88
SAVE \$7.11

Movicol 30



\$26.39
SAVE \$12.10

Desonex 5mg 40



\$30.99
SAVE \$10.50

Zyrtec 10mg 50*



\$8.88
SAVE \$5.11

Dermaveen Eczema cream 100g



\$6.99
SAVE \$6.00

Chemists' Own Cold Sore Cream 5g



\$6.99
SAVE \$6.00

Chemists' Own Child Allergy Mix 250mL*



\$6.99
SAVE \$5.00

Chemists' Own Laxative with Senna 90



\$5.99
SAVE \$5.00

Chemists' Own Diarrhoea relief 20*



\$6.99
SAVE \$4.50

Chemists' Own Low Dose Aspirin 100mg 168*



\$20.99
SAVE \$7.00

Chemists' Own Loratadine 10mg 50



\$5.34
SAVE \$2.65

Maxigesic 12*



\$11.29
SAVE \$5.70

Eulactol Heel Balm Gold 60mL



\$12.64
SAVE \$4.35

Polident Denture Adhesive Cream Flav/Free & Mint 60g*



\$34.99
SAVE \$15.00

Claratyne Rapid 60*



\$26.34
SAVE \$13.65

Metamucil 100



\$18.99
SAVE \$5.50

Chemists' Own allergy relief nasal spray 140



\$24.69
SAVE \$14.30

Bio Oil 200mL



\$26.99
SAVE \$13.00

KP 24 Rapid 300mL



\$28.49
SAVE \$11.50

Breathe Right Nasal Strips 30

Friendly Specials



\$7.49
SAVE \$4.50

Gastro-stop Plus
12*



\$8.49
SAVE \$3.50

Chemists' Own Stomach Ache & Pain Relief Double strength 10



\$9.49
SAVE \$3.50

Buscopan Forte 20mg
10*



\$9.14
SAVE \$3.85

Solosite
50g



\$11.84
SAVE \$4.65

Optive Advanced
15mL



\$11.99
SAVE \$2.00

Invite E Cream
100g



\$20.99
SAVE \$12.00

Magnoplasm
100g



\$3.34
SAVE \$1.65

Disprin Direct
24



\$19.34
SAVE \$8.65

Hirudoïd Cream
40



\$7.74
SAVE \$5.25

Polygel Eye Gel
30



\$21.99
SAVE \$8.00

Benzac AC Gel 5.0%
60g



\$8.99
SAVE \$4.00

Medipulv
25g



\$8.99
SAVE \$4.00

Gastrolyte Blackcurrant Effervescent 20



\$22.49
SAVE \$2.50

Medi Freeze Tick Off
38mL



\$23.49
SAVE \$14.00

Ego Moov Headlice Shampoo 500mL



\$12.34
SAVE \$5.15

Ego QV Bath Oil
500mL



\$15.89
SAVE \$9.10

Ego Pinetarsol Bath Oil
500mL



\$53.99
SAVE \$6.00

Skin Doctors Gamma Overnight Glow 50mL



\$44.99
SAVE \$3.50

Skin Doctors Supermoist Hydration Face Cream 50mL



\$12.79
SAVE \$7.20

Sukin Antioxidant Eye Serum
30mL

If you find any of these products advertised for less, we'll give you 110% of the difference!

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Independent Living

Having your knee or hip replacement done? Why not pop into Friendlies and pick up your mobility equipment.



We offer **CERTEGY** as a payment option* for CPAP and Rehabilitation aids.
Pay 25% deposit and collect stock immediately. Pay off balance over 10 equal payments.
*Conditions apply.



Murray Bridge High Back Chair 18002HADF
\$500.00



Murray Bridge Low Back Chair 18002LADR
\$430.00



Aspire Bedside Commode BEC045005
\$200.00



Aspire Renoir Recliner CHP227575
\$1980.00

Up to \$300
in gift cards*

7.5% health
insurance
discount*

Worth it



Join hospital & extras by 2 December
visit australianunity.com.au/friendlies

*New members on new memberships only. T&Cs apply

Australian Unity
Real Wellbeing

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\$2.99
SAVE \$2.00



Morning Fresh dishwashing liquid 400mL

\$3.99
SAVE \$2.00



Palmolive Shampoo and Conditioner 350mL

\$1.79
SAVE \$1.70



Palmolive Soap 4x90g

\$2.99
SAVE \$2.00



Ajax Spray n Wipe 500mL

\$4.49
SAVE \$2.50



Duo Front and Top Loader 2kg

\$2.49
SAVE \$2.50



Airwick 185g

\$2.49
SAVE \$1.50



Dettol Handwash 250mL

\$2.29
SAVE \$1.20



Colgate Toothpaste Cool Mint and Regular 175g

\$0.99
SAVE \$1.50



Colgate Toothbrush Extra Clean

\$3.79
SAVE \$1.20



Rexona 150g

WIN a \$200 spending spree!

The Friendlies Discount Pharmacy

QUEENSLAND		
Maryborough	217 Adelaide Street, Maryborough Qld	07 4122 1455
Maryborough	277-281 Adelaide Street, Maryborough Qld	07 4123 2266
Hervey Bay	Bay Plaza, 35 Torquay Road, Hervey Bay Qld	07 4128 3899
Tinana	201 Gympie Road, Tinana Qld	07 4122 4647
Nambour	Cnr Ann Street and Porters Lane, Nambour Qld	07 5441 1322
Gympie	70-72 Channon Street, Gympie Qld	07 5482 1032
Childers	60 Churchill Street, Childers Qld	07 4126 1235
Granville	17 Odessa Street, Granville Qld	07 4114 1910

NEW SOUTH WALES		
Grafton	18 Prince St Grafton, NSW 2460	02 6642 3444

The Friendlies Independent Living

Maryborough	60 Ellena Street, Maryborough Qld	07 4123 2733
Hervey Bay	Bay Plaza, 35 Torquay Road, Hervey Bay Qld	07 4128 3899
Gympie	70-72 Channon Street, Gympie Qld	07 5482 9390

DISCLAIMER: All Prices are valid between the 1st and 30th of November. Prices and products are correct at time of printing and we endeavour to ensure that all advertised products are available during the promotional period and in some circumstances not all stores will be able to hold stock of certain product lines. On occasion, products may also be delayed due to suppliers, transport or other issues outside The Friendlies control. The Friendlies cannot be held responsible for typographical errors or omissions. Limit rights reserved. *If symptoms persist see your health care professional. Always read the label, use only as directed. Incorrect use could be harmful. **There is a maximum purchase quantity of three boxes. If you find any of these products advertised for less, we will give you 110% of the difference! That's our famous 110% PRICE GUARANTEE! All savings off normal R.R.P. ^v Vitamin supplements may only be of assistance if dietary vitamin intake is inadequate.

Spend \$20 in-store to go in the running to win a \$200 spending spree! Full details in-store. Last month's winner: **Rita Hogan, Maryborough**



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