

The Friendlies is 100% owned by you, the community

Home of the **110%** price Guarantee

The Friendlies super savers



Spend \$20 in-store to

WIN a

\$2000

spending spree!
See back page for details.

Now that's friendly!

Harpic 450mL Toilet Cleaner

When you spend \$30 or more in store.

1¢



Conditions Apply. Please see a Friendlies staff member in-store for more details. Limit of 1 Coupon Item per customer. Excludes prescriptions, specials and catalogue items

Dove Beauty Bar 100g

When you spend \$30 or more in store.

1¢



Conditions Apply. Please see a Friendlies staff member in-store for more details. Limit of 1 Coupon Item per customer. Excludes prescriptions, specials and catalogue items

Rexona 150g Deodorant

When you spend \$30 or more in store.

\$1



Conditions Apply. Please see a Friendlies staff member in-store for more details. Limit of 1 Coupon Item per customer. Excludes prescriptions, specials and catalogue items

Vitamins For Health

Nature's Own™

- A. Nature's Own Triple Strength Garlic/C/Horseradish 100^v
- B. Nature's Own Double Strength Cold Sore Relief 100^v
- C. Nature's Own Calcium, Magnesium and D3 120^v
- D. Nature's Own Fenugreek 1000mg 60^v
- E. Nature's Own Zinc, B6 and Magnesium 200^v
- F. Nature's Own Cranberry 50000 90^v
- G. Nature's Own Vitamin B12 1000mcg 60^v
- H. Nature's Own Ginseng 1000mg 60^v
- I. Nature's Own Odourless Fish Oil 1000mg 200^v
- J. Nature's Own 4 in 1 Fish Oil 60^v

- \$21.24 **SAVE \$8.75**
- \$17.39 **SAVE \$9.60**
- \$18.14 **SAVE \$9.85**
- \$12.34 **SAVE \$6.65**
- \$19.99 **SAVE \$10.00**
- \$31.99 **SAVE \$18.00**
- \$14.88 **SAVE \$6.61**
- \$19.99 **SAVE \$11.00**
- \$21.59 **SAVE \$9.40**
- \$16.78 **SAVE \$8.71**

\$16⁹⁹
SAVE \$10.00

Nature's Own Focus and Perform 40^v



\$10⁹⁹
SAVE \$5.50



Nature's Way Complete Daily Multivitamin 200^v

\$12⁴⁹
SAVE \$7.50



Nature's Way Immune Support 100^v

\$16⁴⁴
SAVE \$7.55



Nature's Way Garlic/C/Horseradish 200^v

\$16⁸⁹
SAVE \$8.10



Nature's Way Calcium and Vitamin D 150^v

\$8²⁴
SAVE \$4.75



Nature's Way HS Iron 30^v

\$16³⁴
SAVE \$7.65



Nature's Way Mega B Exec Stress 200^v

\$12⁴⁴
SAVE \$7.05



Bioglan 1-A-Day Vitamin C 50^v

\$22⁹⁹
SAVE \$12.00



Bioglan Immunoforce 60^v

\$12⁶⁴
SAVE \$7.35



Bioglan Vitamin B1 250 mg Energy & Heart 75^v

\$12⁸⁴
SAVE \$7.15



Bioglan Vitamin D3 1000 IU 250^v

\$13³⁹
SAVE \$7.60



Bioglan Zinc Forte 40mg 60^v

\$20⁵⁹
SAVE \$12.40



Bioglan Mega B Complex 90^v



If you find any of these products advertised for less, we'll give you 110% of the difference!

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<p>\$14.74 SAVE \$7.75</p>  <p>Cenovis Garlic, Horseradish + C Complex 120^v</p>	<p>\$21.14 SAVE \$8.85</p>  <p>Cenovis Once Daily Men's and Women's Multi 100^v</p>	<p>\$14.54 SAVE \$7.95</p>  <p>Cenovis Echinacea, Garlic, Zinc + C 60^v</p>	<p>\$24.99 SAVE \$12.00</p>  <p>Ethical Nutrients Inner Health Plus 30^v</p>	<p>\$22.64 SAVE \$8.85</p>  <p>Ethical Nutrients Bone Builder Powder 150g^v</p>	<p>\$22.99 SAVE \$13.50</p>  <p>Ethical Nutrients IBS support 30^v</p>	<p>\$17.39 SAVE \$9.10</p>  <p>Caltrate Bone + Muscle 50+ 100^v</p>
<p>\$59.99 SAVE \$33.50</p>  <p>Promensil Double Strength 60^v</p>	<p>\$26.34 SAVE \$10.65</p>  <p>Sambucol Immuno Forte 250mL^v</p>	<p>\$21.99 SAVE \$12.50</p>  <p>Centrum Advance Tabs 100^v</p>	<p>\$21.44 SAVE \$9.55</p>  <p>Caruso's Aged Black Garlic 60^v</p>	<p>\$20.99 SAVE \$11.00</p>  <p>Caruso's Ginkgo 6000 60^v</p>	<p>\$17.44 SAVE \$9.55</p>  <p>Caruso's Fluid Away 30^v</p>	<p>\$39.99 SAVE \$20.50</p>  <p>Caruso's Super Curcumin Arthritis Relief 90^v</p>



BLACKMORES®
THE BEST OF HEALTH

- A. Blackmores Macuvision 150^v \$43.99 **SAVE \$21.00**
- B. Blackmores Pregnancy Iron 30^v \$7.89 **SAVE \$4.10**
- C. Blackmores Sustained Release C 200^v \$32.54 **SAVE \$17.45**
- D. Blackmores Digestive Aid 30^v \$20.64 **SAVE \$9.35**
- E. Blackmores Insolar 60^v \$14.34 **SAVE \$6.15**
- F. Blackmores Proseren 120^v \$41.99 **SAVE \$18.00**
- G. Blackmores Magmin 50^v \$10.99 **SAVE \$4.50**
- H. Blackmores Vitamin D3 1000IU 200^v \$19.99 **SAVE \$10.00**
- I. Blackmores Vitamin E 500IU 50^v \$14.59 **SAVE \$7.40**
- J. Blackmores Sleep Sound 30^v \$16.34 **SAVE \$8.65**

\$18.64
SAVE \$8.35

Blackmores Bio Zinc 84^v

Friendly Specials



\$1⁹⁹
Hot Price

Panaxam 500mg
100* **



\$6⁴⁹
Hot Price

Nurofen Zavance tab/cap
24



\$8⁴⁹
SAVE \$3.50

Polyvisc Ointment
3.5g



\$12⁹⁹
SAVE \$7.50

Canesten Antifungal Cream
50g*



\$4⁹⁹
SAVE \$3.00

Dulcolax Suppositories
10mg 10



\$13¹⁴
SAVE \$7.85

Cepacol Solution
500mL



\$9⁹⁹
SAVE \$4.00

Vagisil
25g



\$10¹⁹
SAVE \$4.80

Eulactol Heel Balm Gold
60mL



\$26³⁴
SAVE \$13.65

Metamucil
100



\$9⁹⁹
SAVE \$5.00

Buscopan Forte 20mg
10*



\$18³⁴
SAVE \$10.15

Desonex 5mg
20*



\$7⁷⁴
SAVE \$5.25

Polygel Eye Gel
30



\$10⁴⁹
SAVE \$6.00

Bepanthen First Aid Cream
100g



\$10²⁹
SAVE \$5.20

Eurax Cream
20g



\$12⁴⁴
Hot Price

Naprogesic 275mg
24*



\$9⁶⁴
SAVE \$4.35

Hamilton Everyday Face
50+ 75g



\$21⁹⁹
SAVE \$11.00

Dulcolax 5mg
200



\$16⁹⁹
SAVE \$7.00

Sudocrem
250g



\$13⁴⁹
SAVE \$6.00

Durotuss Dry Cough
200mL*



\$16⁹⁹
Hot Price

Advil liquid Caps
90*

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\$9⁸⁴
SAVE \$4.65

Degas 48



\$22³⁴
SAVE \$9.65

Mintec 60



\$8⁰⁹
SAVE \$3.90

Stop Itch Plus Cream 50g



\$12⁹⁹
SAVE \$6.50

Gaviscon Infant sachets 30



\$8⁹⁹
SAVE \$4.50

Gripe Water 200mL



\$6⁹⁹
SAVE \$6.00

Chemists' Own Cold Sore Cream 5g



\$6⁹⁹
SAVE \$6.00

Chemists' Own Child Allergy Mix 250mL*



\$6⁹⁹
SAVE \$5.00

Chemists' Own Laxative with Senna 90



\$5⁹⁹
SAVE \$5.00

Chemists' Own Diarrhoea relief 20*



\$6⁹⁹
SAVE \$4.50

Chemists' Own Low Dose Aspirin 100mg 168*



\$114⁹⁹
SAVE \$45.00

Omron Blood pressure machine 7144



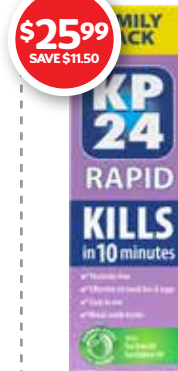
\$31⁹⁹
SAVE \$13.50

Voltaren Osteogel 12hr 150g



\$7³⁴
Hot Price

Astrix Caps 100mg 84*



\$25⁹⁹
SAVE \$11.50

KP 24 Rapid with comb 250mL



\$22⁵⁴
SAVE \$9.45

DaktaGold 30g*



\$6⁷⁴
SAVE \$4.25

Amolin Baby Cream 100g



\$10³⁴
SAVE \$7.65

Ear Clear for wax removal 12mL



\$18⁷⁹
SAVE \$8.20

PhisoHex 1% 500mL



\$6²⁴
SAVE \$2.75

Curash Nappy Rash Cream 100g



\$23³⁴
SAVE \$11.65

Lansinoh 50g

Friendly Specials

\$10³⁴
SAVE \$5.15



Buscopan 10mg
20*

\$9³⁴
SAVE \$4.15



Difflam gel extra strength 5%
30g

\$26⁹⁹
SAVE \$10.00



Voltaren Emulgel
100g

\$8⁹⁹
SAVE \$4.00



Dimetapp 12 hour Nasal
Spray 12mL*

\$9⁶⁴
SAVE \$4.85



Gold Cross Senega and
Ammonia 500mL

\$15⁴⁴
SAVE \$8.05



Dermeze Soap Free
Wash 500mL

\$9⁵⁹
SAVE \$4.40



Gaviscon Dual Act Berry
300mL

\$13⁴⁹
SAVE \$7.50



Gaviscon Peppermint
600mL

\$8⁴⁴
SAVE \$5.55



Daktarin Cream 2%
70g

\$20⁸⁸
SAVE \$11.11



Flixonase 24Hour
120 Doses*

\$15⁴⁴
SAVE \$8.05



Systane Balance
10mL

\$18⁹⁹
SAVE \$6.00



Codral PE Cough Cold and Flu
Day and Night 48*

\$4⁸⁹
SAVE \$2.10



Panadol Mini Caps
20

\$23⁹⁹
SAVE \$12.00



Agiolax
250g

\$10⁶⁹
SAVE \$5.30



Ego Pinetarsol Bar
100g

\$23⁴⁹
SAVE \$14.00



Ego Moov Headlice
Shampoo 500mL

\$12³⁴
SAVE \$6.65



Ego QV Bath Oil
500mL

\$14⁹⁹
SAVE \$6.00



Sukin Body Wash Pump
1L

\$9¹⁴
SAVE \$4.85



Sukin Sensitive Facial
Moisturiser 125mL

\$13⁴⁹
SAVE \$7.50



Sukin Body Lotion Lime and
Coconut 500mL

If you find any of these products advertised for less, we'll give you 110% of the difference!

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Independent Living

Having your knee or hip replacement done? Why not pop into Friendlies and pick up your mobility equipment.



We offer
CERTEGEY
as a payment option*
for CPAP and
Rehabilitation aids.
Pay 25% deposit and collect stock
immediately. Pay off balance
over 10 equal payments.
*Conditions apply.



Sheep skins Recliner cover SS1100
\$146.00



Shower sandal 80030
\$45.00



Gripperz Anklet Socks
\$9.39



Shower Buddy travel bag SB7EBAG
\$50.00



Squatty Potty SQP Fold
\$42.00



Shower Buddy Travel Commode SB7E
\$330.00

**EXCLUSIVE OFFER
AVAILABLE IN-STORE ONLY**



\$1999⁹⁹

PHILIPS DREAMSTATION AUTO MACHINE

+ CPAP Mask **FREE**

+ CPAP Wipes **FREE**

+ Filters **FREE**

NOW AVAILABLE AT: MARYBOROUGH, 2/60 ELLENA ST, PH: 4123 2733 / HERVEY BAY, 35 TORQUAY RD, PIALBA, PH: 4128 3899 / CHILDERS, 60 CHURCHILL ST, PH: 4126 1235
GYMPIE, 59 MARY ST, PH: 5482 1032, & 70-72 CHANNON ST, PH: 5482 9390 / NAMBOUR, CNR ANN ST & PORTERS LANE, PH: 5441 1322 / GRAFTON, 18 PRINCE ST, PH: 6642 3444

*NOTE: CPAP SPECIAL IS NOT AVAILABLE FOR CERTEGEY CUSTOMERS

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\$2.99
SAVE \$2.00

Morning Fresh dishwashing liquid 400mL



\$3.99
SAVE \$2.00

Palmolive Shampoo and Conditioner 350mL



\$1.79
SAVE \$1.70

Palmolive Soap 4x90g



\$2.99
SAVE \$2.00

Ajax Spray n Wipe 500mL



\$4.49
SAVE \$2.50

Duo Front and Top Loader 2kg



\$2.49
SAVE \$2.50

Airwick 185g



\$4.99
SAVE \$2.00

Napisan Vanish 950g



\$2.29
SAVE \$1.20

Colgate Toothpaste Cool Mint and Regular 175g



\$0.99
SAVE \$1.50

Colgate Toothbrush Extra Clean



\$3.79
SAVE \$1.20

Rexona 150g

WIN a \$200 spending spree!

The Friendlies Discount Pharmacy

QUEENSLAND

Maryborough	217 Adelaide Street, Maryborough Qld	07 4122 1455
Maryborough	277-281 Adelaide Street, Maryborough Qld	07 4123 2266
Hervey Bay	Bay Plaza, 35 Torquay Road, Hervey Bay Qld	07 4128 3899
Tinana	201 Gympie Road, Tinana Qld	07 4122 4647
Nambour	Cnr Ann Street and Porters Lane, Nambour Qld	07 5441 1322
Gympie	70-72 Channon Street, Gympie Qld	07 5482 1032
Childers	60 Churchill Street, Childers Qld	07 4126 1235

NEW SOUTH WALES

Grafton	18 Prince St Grafton, NSW 2460	02 6642 3444
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The Friendlies Independent Living

Maryborough	60 Ellena Street, Maryborough Qld	07 4123 2733
Hervey Bay	Bay Plaza, 35 Torquay Road, Hervey Bay Qld	07 4128 3899
Gympie	70-72 Channon Street, Gympie Qld	07 5482 9390

DISCLAIMER: All Prices are valid between the 1st and 31st of July. Prices and products are correct at time of printing and we endeavour to ensure that all advertised products are available during the promotional period and in some circumstances not all stores will be able to hold stock of certain product lines. On occasion, products may also be delayed due to suppliers, transport or other issues outside The Friendlies control. The Friendlies cannot be held responsible for typographical errors or omissions. Limit rights reserved. *If symptoms persist see your health care professional. Always read the label, use only as directed. Incorrect use could be harmful. **There is a maximum purchase quantity of three boxes. If you find any of these products advertised for less, we will give you 110% of the difference! That's our famous 110% PRICE GUARANTEE! All savings off normal R.R.P. ^v Vitamin supplements may only be of assistance if dietary vitamin intake is inadequate.

Spend \$20 in-store to go in the running to win a \$200 spending spree! Full details in-store. Last month's winner: **Tracey Thompson, Nambour**



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